ROSIE THE BOW-TIE TEDDY

Complete Digital Knitting Pattern



A classic dusty-rose knitted teddy with rounded ears, cream muzzle, bow tie, long arms, oversized seated feet and a tiny back tail.

DIGITAL DOWNLOAD ONLY - NO PHYSICAL ITEM WILL BE SHIPPED

Skill level: confident beginner / early intermediate | Construction: knitted flat on straight needles and seamed

1. DIGITAL DOWNLOAD NOTICE

This file is a digital knitting pattern for making a plush teddy bear. It is not a finished plushie, and no physical item will be shipped.

All measurements in this pattern are calculated design targets. Finished size can vary with yarn choice, gauge, tension, stuffing firmness and finishing. No physical prototype or physical testing is claimed.

The design is written for practical home knitting. Follow the stated gauge, row counts and placement marks, then use the visual checks at the end before securing each major seam.

2. FINISHED MEASUREMENTS

Measurement	Design target
Overall seated height	27-29 cm / 10.5-11.5 in to top of ears
Overall seated width	24-26 cm / 9.5-10.25 in across feet
Head	about 11.5 cm high x 11 cm wide x 10.5 cm deep
Body	about 13-14 cm high x 10 cm wide x 9 cm deep
Arm	about 9.5-10 cm long x 3.2 cm diameter
Leg / foot	about 11-12 cm long x 4.5-5 cm diameter at widest point
Ear	about 4.5-5 cm across after shaping
Muzzle	about 6.5-7 cm wide x 5 cm high
Bow tie	about 8-9 cm wide x 3-3.5 cm high
Tail	about 2-2.5 cm diameter

Sizing note: keep the same yarn weight and target gauge if you want the dimensions above. A tighter gauge produces a smaller, firmer bear; a looser gauge produces a larger, softer fabric with bigger gaps.

3. MATERIALS AND TOOLS

- **Yarn A - dusty rose:** bulky / chunky weight (#5), approximately 180-220 g.
- **Yarn B - warm cream:** same or similar weight, approximately 15-20 g for muzzle.
- **Yarn C - dark brown:** approximately 5 g for nose and mouth embroidery.
- **Needles:** 5.5 mm (US 9) straight knitting needles, or size needed to obtain target gauge.
- **Eyes:** two 12 mm black safety eyes with washers, or black yarn for an embroidered-eye option.
- **Stuffing:** approximately 140-180 g polyester toy filling.
- **Finishing:** tapestry needle, stitch markers or removable yarn markers, locking pins, scissors and measuring tape.
- **Optional reinforcement:** two small discs of tightly woven fabric or felt behind safety-eye washers only if your knitted fabric is loose enough that the washer could pull through.

Safety note: detachable safety eyes may not be appropriate for children under 3. For an alternative without detachable eye components, embroider the eyes securely with yarn and follow local product-safety requirements.

4. TARGET GAUGE

Fabric	Target gauge
Stockinette stitch, flat	14 sts x 20 rows = 10 cm / 4 in
Garter stitch, flat	about 14 sts x 26 rows = 10 cm / 4 in

Work a small swatch before beginning. The plush is intended to have a dense fabric with no obvious stuffing gaps. If your fabric is loose, use a smaller needle.

5. ABBREVIATIONS

Abbreviation	Meaning
BO	bind off
CO	cast on
K	knit
P	purl
RS	right side
WS	wrong side
st / sts	stitch / stitches
kfb	knit into front and back of the same stitch; 1 stitch increased
k2tog	knit 2 stitches together; right-leaning decrease
ssk	slip 1 knitwise, slip 1 knitwise, knit the 2 slipped stitches together through back loops; left-leaning decrease
rep	repeat
Stockinette	K on RS rows, P on WS rows
Garter	K every row

6. CONSTRUCTION OVERVIEW AND ORIENTATION

The teddy is knitted flat in separate pieces and joined with mattress stitch or neat whipstitch. The head and body each form a shaped tube with a center-back seam. Arms and legs are shaped flat, seamed into tubes and stuffed through their open attachment ends. Ears, muzzle, bow and tail are made separately.

Right and left: every right/left direction refers to the plushie's own right and left.

Head orientation: the cast-on edge is the lower neck/chin edge. Rows progress upward toward the crown. The first and last stitch of each row become the center-back (CB) seam. The midpoint of every row is center front (CF).

Body orientation: the cast-on edge is the neck edge. Rows progress downward toward the lower body. The first and last stitch of each row become the CB seam; the midpoint is CF.

Seam stitches: no extra selvage stitches are added. The edge stitches are included in the written counts and are used when working the mattress seam.

Recommended assembly order: install eyes -> seam and stuff head -> seam and stuff body -> embroider and attach muzzle -> shape and attach ears -> join head to body -> seam/stuff limbs -> attach limbs -> attach tail -> make and attach bow -> final symmetry check.

Do not permanently close a piece until any operation that requires internal access has been completed. In particular, safety-eye washers must be installed before the head is seamed and stuffed.

7. COMPLETE WRITTEN PATTERN - HEAD

Yarn A. Make 1. Stockinette stitch. CO 36 sts. The cast-on edge stays open for stuffing and later joining to the body.

Row	Instructions	Sts
1	K36.	36
2	P36.	36
3	K4, kfb, K8, kfb, K8, kfb, K8, kfb, K4.	40
4	P40.	40
5	K4, kfb, K9, kfb, K10, kfb, K9, kfb, K4.	44
6	P44.	44
7	K4, kfb, K10, kfb, K12, kfb, K10, kfb, K4.	48
8	P48.	48
9	K48.	48
10	P48.	48
11	K48.	48
12	P48.	48
13	K48.	48
14	P48.	48
15	K4, ssk, K10, k2tog, K12, ssk, K10, k2tog, K4.	44
16	P44.	44
17	K4, ssk, K9, k2tog, K10, ssk, K9, k2tog, K4.	40
18	P40.	40
19	*K3, k2tog; rep from * 8 times.	32
20	P32.	32
21	K2tog across the row.	16
22	P16.	16
23	K2tog across the row.	8

Finish crown: cut yarn leaving a 25 cm tail. Thread through the remaining 8 sts, pull snug and secure. Do not close the cast-on edge.

Eye access step - do this before seaming: lay the head flat with RS facing. On the line between Rows 11 and 12, mark CF halfway between sts 24 and 25. Insert eye posts between sts 20/21 and 28/29. This places the eye centers 8 sts apart. Fit washers on the WS. For embroidered eyes, work two dense 10-12 mm black circles at the same points and secure all ends on the WS.

Seam and stuff: with RS out, mattress-stitch the first and last stitch edges together from Row 1 to the crown to create the CB seam. Stuff through the open cast-on edge. Use firm but springy stuffing, keeping the face area smooth and the crown rounded.

8. COMPLETE WRITTEN PATTERN - BODY

Yarn A. Make 1. Stockinette stitch. CO 32 sts. The cast-on edge is the neck edge and remains open for stuffing and head attachment.

Row	Instructions	Sts
1	K32.	32
2	P32.	32
3	K3, kfb, K7, kfb, K8, kfb, K7, kfb, K3.	36
4	P36.	36
5	K3, kfb, K8, kfb, K10, kfb, K8, kfb, K3.	40
6	P40.	40
7	K4, kfb, K9, kfb, K10, kfb, K9, kfb, K4.	44
8	P44.	44
9	K44.	44
10	P44.	44
11	K44.	44
12	P44.	44
13	K44.	44
14	P44.	44
15	K44.	44
16	P44.	44
17	K44.	44
18	P44.	44
19	K4, ssk, K9, k2tog, K10, ssk, K9, k2tog, K4.	40
20	P40.	40
21	K4, ssk, K8, k2tog, K8, ssk, K8, k2tog, K4.	36
22	P36.	36
23	K4, ssk, K7, k2tog, K6, ssk, K7, k2tog, K4.	32
24	P32.	32
25	*K2, k2tog; rep from * 8 times.	24
26	P24.	24
27	K2tog across the row.	12
28	P12.	12
29	K2tog across the row.	6

Finish lower body: cut yarn leaving a 25 cm tail. Thread through the remaining 6 sts, pull snug and secure. Mattress-stitch the side edges together to form the CB seam, aligning all rows. Leave the neck edge open.

Stuffing: fill the lower body firmly enough to support a seated shape, but keep the top 2-3 cm slightly softer so the head can settle naturally. Shape the lower body into a rounded oval with a gently flattened base.

9. COMPLETE WRITTEN PATTERN - ARMS

Yarn A. Make 2. Stockinette stitch. CO 8 sts at the paw end.

Row	Instructions	Sts
1	K8.	8
2	P8.	8
3	Kfb, K6, kfb.	10
4	P10.	10
5	Kfb, K8, kfb.	12
6	P12.	12
7	Kfb, K10, kfb.	14
8	P14.	14
9	K14.	14
10	P14.	14
11	K14.	14
12	P14.	14
13	K14.	14
14	P14.	14
15	K14.	14
16	P14.	14
17	Ssk, K10, k2tog.	12
18	P12.	12
19	K12.	12
20	P12.	12

BO 12 sts. Cut yarn, leaving a long sewing tail at the attachment end.

Seam and stuff: use the cast-on tail to gather the paw edge closed. Mattress-stitch the long edges together. Stuff the lower two-thirds moderately; leave the top 1-1.5 cm lightly stuffed so the arm lies smoothly against the body. Keep the BO edge open for attachment.

10. COMPLETE WRITTEN PATTERN - LEGS / FEET

Yarn A. Make 2. Stockinette stitch. CO 10 sts at the toe end.

Row	Instructions	Sts
1	K10.	10
2	P10.	10
3	Kfb, K8, kfb.	12
4	P12.	12
5	Kfb, K10, kfb.	14
6	P14.	14
7	Kfb, K12, kfb.	16
8	P16.	16
9	K2, kfb, K4, kfb, K4, kfb, K2, kfb.	20
10	P20.	20

Row	Instructions	Sts
11	K20.	20
12	P20.	20
13	K20.	20
14	P20.	20
15	K20.	20
16	P20.	20
17	K20.	20
18	P20.	20
19	Ssk, K16, k2tog.	18
20	P18.	18
21	Ssk, K14, k2tog.	16
22	P16.	16
23	Ssk, K12, k2tog.	14
24	P14.	14

BO 14 sts. Cut yarn, leaving a long sewing tail at the attachment end.

Seam and stuff: gather the cast-on toe edge with the starting tail. Mattress-stitch the long edges. Stuff the toe firmly for a rounded foot and the upper leg moderately. Leave the last 1-1.5 cm at the BO edge slightly soft. Keep the BO edge open for attachment.

11. COMPLETE WRITTEN PATTERN - EARS

Yarn A. Make 2. Garter stitch. CO 6 sts. The CO edge is the ear base.

Row	Instructions	Sts
1	K6.	6
2	Kfb, K4, kfb.	8
3	K8.	8
4	K8.	8
5	K8.	8
6	K8.	8
7	Ssk, K4, k2tog.	6
8	K6.	6
9	Ssk, K2, k2tog.	4
10	K4.	4

BO 4 sts. Weave the top tail down the WS. At the CO base, overlap each lower corner inward by about 5 mm and tack it in place. This gives the ear a shallow cup rather than a flat triangle. Make the second ear to match.

Muzzle

Yarn B. Make 1. Garter stitch. CO 6 sts.

Row	Instructions	Sts
1	K6.	6
2	Kfb, K4, kfb.	8
3	K8.	8
4	Kfb, K6, kfb.	10
5	K10.	10
6	K10.	10
7	K10.	10
8	K10.	10
9	K10.	10
10	Ssk, K6, k2tog.	8
11	K8.	8
12	Ssk, K4, k2tog.	6
13	K6.	6

BO 6 sts. Leave a long cream sewing tail. Lay the piece flat with RS facing while working the embroidery.

With Yarn C, make a downward-pointing filled triangle centered on the muzzle. Place the triangle base near Muzzle Row 9, about 1.8-2 cm wide, and the point near Row 7. From the point, embroider a short vertical stem toward Row 5, then split into two shallow curved smile lines ending symmetrically left and right.

Tail

Yarn A. Make 1. Stockinette stitch. CO 6 sts.

Row	Instructions	Sts
1	K6.	6
2	P6.	6
3	Kfb in every stitch.	12
4	P12.	12
5	K2tog across the row.	6

Cut yarn, leaving a sewing tail, and thread it through the remaining 6 sts. Pull snug and secure. Mattress-stitch the side edges. Add a small pinch of stuffing, then use the CO tail to gather the opposite end. Shape into a compact round nub.

Bow tie

Yarn A. Bow rectangle in stockinette stitch; center band in garter stitch.

Bow rectangle: CO 12 sts.

Row	Instructions	Sts
1	K12.	12
2	P12.	12
3	K12.	12
4	P12.	12
5	K12.	12
6	P12.	12

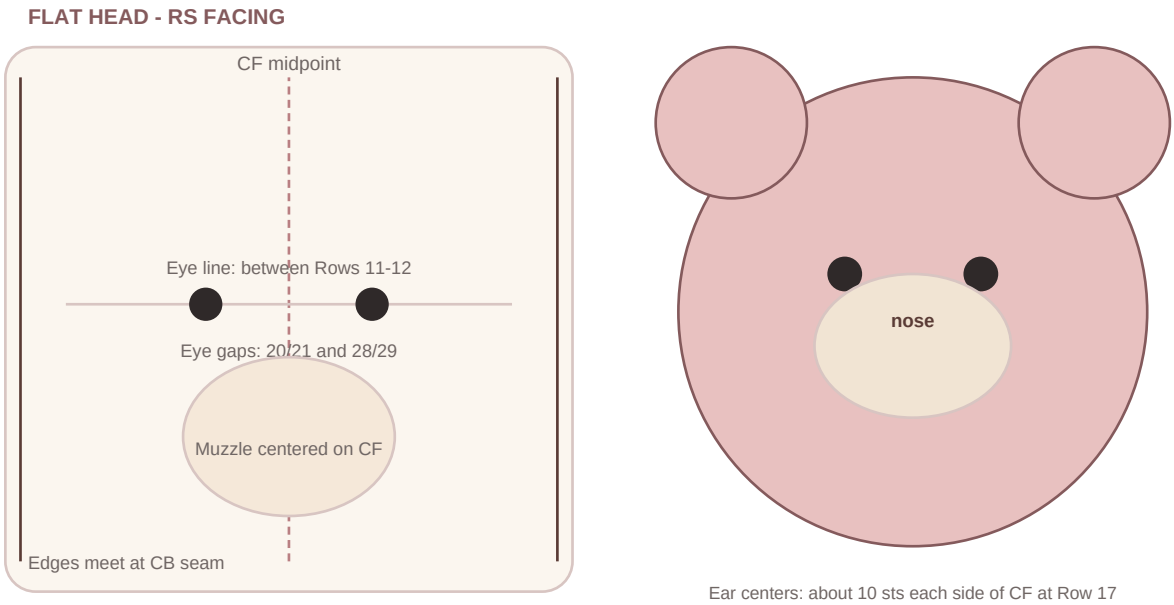
BO 12 sts. Weave in the end. Pinch the center into 3 small pleats.

Center band: CO 3 sts, then work:

Row	Instructions	Sts
1	K3.	3
2	K3.	3
3	K3.	3
4	K3.	3
5	K3.	3
6	K3.	3
7	K3.	3
8	K3.	3
9	K3.	3
10	K3.	3
11	K3.	3
12	K3.	3

BO 3 sts. Wrap the band firmly around the pinched center and seam the band ends together behind the bow.

12. FACE AND EAR PLACEMENT MAP



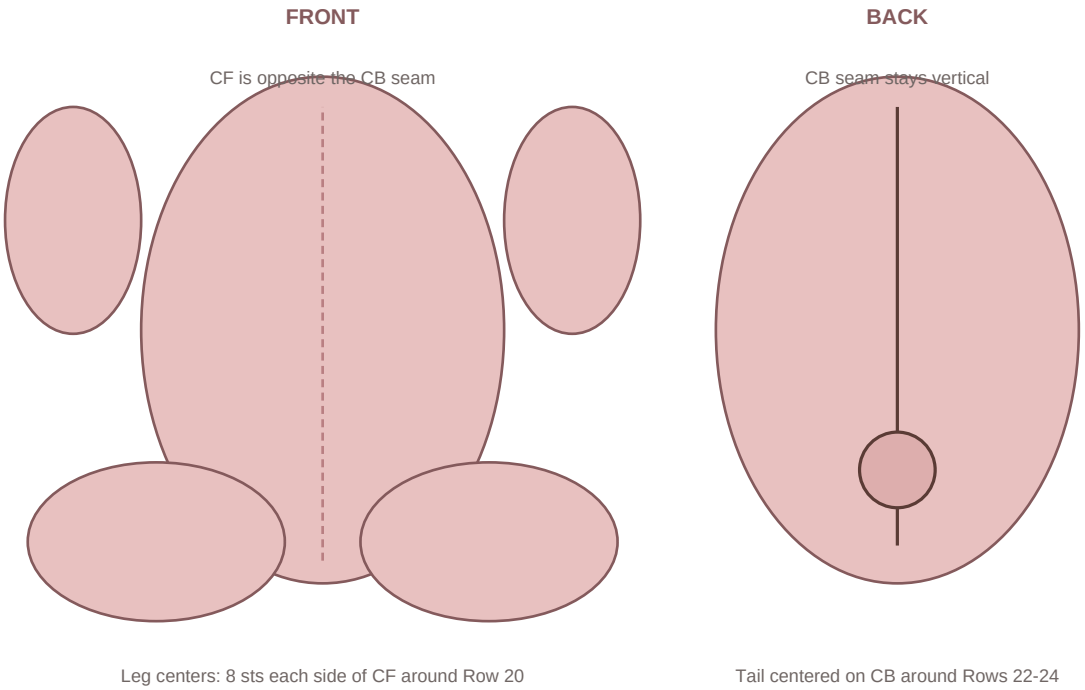
Eyes: already installed on the flat head between Head Rows 11-12 at gaps 20/21 and 28/29. Confirm that both eyes are level before fitting the washers.

Muzzle: on the stuffed head, align the muzzle center with CF. Place its upper edge around Head Row 12 and lower edge around Row 4. At its widest point it should cover roughly 10 head stitches, centered equally on both sides of CF. Sew around the edge, leaving a 2 cm gap; add a small pinch of stuffing, then close the gap. The muzzle should project gently, not form a ball.

Ears: with the head upright, use Head Row 17 as the main placement level. Along that level, mark points about 10 sts to the plushie's right and 10 sts to the plushie's left of CF. Center each cupped ear base on its mark, with the base spanning approximately Head Rows 15-20. Angle the top of each ear slightly outward. Pin both ears before sewing and compare from the front and back.

Visual check: the muzzle sits below the eye line, the eyes remain fully visible, and the ear tops are level. The face should remain clear; do not add extra forehead decorations.

13. BODY, LIMB, TAIL AND BOW PLACEMENT MAP



Arms: use Body Row 8-10 as the shoulder area. At Body Row 10 (44 sts), CF lies between sts 22/23. Mark arm centers about 10 sts to each side of CF: approximately gaps 12/13 and 32/33. Flatten each 12-st arm opening and pin it across an arc about 6 body stitches wide, spanning roughly Body Rows 6-10. Let the arms angle down and slightly forward.

Legs / feet: use Body Row 20 as the main hip level. At Row 20 (40 sts), CF lies between sts 20/21. Mark leg centers about 8 sts to each side of CF: approximately gaps 12/13 and 28/29. Flatten each 14-st leg opening and pin across an arc about 7 body stitches wide, spanning roughly Body Rows 18-22. In the front view, splay each completed leg outward about 40° from vertical, measured from the center of the hip attachment to the center of the toe. Keep the toe faces pointing forward, then rotate each toe only about 15-20° outward from straight ahead. Pin both legs before sewing and confirm that the outermost points of the feet span approximately 24-26 cm at target gauge.

Tail: center the tail directly on the CB seam around Body Rows 22-24. Sew around the gathered base so the tail points straight back, not to either side.

Bow tie: center the bow over CF at the head-body join. The center band sits directly below the muzzle. Tack the bow at the center and at the back corner of each loop so it does not twist.

14. STUFFING AND SHAPING

- **Head:** firm and even. Add small amounts around the sides and crown so the head stays rounded. Keep the face surface smooth and avoid a hard lump behind the muzzle.
- **Body:** firm at the lower center, slightly softer at the neck. Flatten the bottom gently against a table before limb attachment so the bear has a stable seated base.
- **Arms:** moderately stuffed through the paw and mid-arm; lightly stuffed at the shoulder opening so the arm can angle naturally.
- **Legs / feet:** firmly stuff the toe and front half of each foot. Use moderate stuffing near the hip so the attachment edge can flatten cleanly.
- **Muzzle:** only a small pinch of stuffing. It should be softly raised, not spherical.
- **Tail:** lightly to moderately stuffed so it remains a small rounded nub.
- **Final shaping:** after all parts are attached, roll and massage the stuffing with your hands to smooth flat spots. Check the bear from front, both sides and back before burying the final tails.

If stuffing is visible through the knitted fabric, remove a little filling or work the next version at a tighter gauge. Do not force extra filling into a loose fabric.

15. COMPLETE ASSEMBLY ORDER

- 1. Finish eye access first. Install safety eyes and washers on the flat head, or complete embroidered eyes and secure the yarn ends on the WS.
- 2. Close and stuff the head. Mattress-stitch the CB seam, then stuff through the cast-on neck edge.
- 3. Close and stuff the body. Confirm that the Row 29 lower-body gather is secure. Mattress-stitch the body CB seam, aligning all rows, then stuff through the open neck edge.
- 4. Embroider the muzzle. Complete the brown nose and mouth on the cream piece while its WS is still accessible.
- 5. Attach muzzle and ears. Center the muzzle on CF and lightly stuff it before closing the final gap. Shape both ears into matching cups, pin them symmetrically, then sew the bases securely.
- 6. Join head to body. Align the head and body CB seams and then align CF. Quarter both openings with markers. The head has 36 edge stitches and the body has 32; ease the 4 extra head stitches evenly by taking one additional head stitch into each quarter of the seam. Sew around the neck twice if needed for a firm join. Bury the seam tail inside the body.
- 7. Finish arms and legs. Seam, stuff and keep their attachment edges open. Pin both arms first and compare their angle. Sew around each flattened opening. Then pin both legs low on the body using the same row and stitch marks, with matching approximately 40° front-view leg splay and 15-20° toe rotation. Confirm the stated outer foot-to-foot span before sewing securely.
- 8. Add tail. Center it on the CB seam and sew around its gathered base.
- 9. Make and attach bow. Pleat the bow rectangle, wrap the center band, then center it over CF at the neck join. Tack the center and both back corners of the loops.
- 10. Finish. Remove placement markers and pins. Bury all yarn tails inside the plush. Re-shape the stuffing and confirm symmetry before final use or photography.

Access check: no safety-eye washer, embroidery knot, stuffing opening or structural seam should be trapped before its required step is complete.

16. FINAL VISUAL CHECKLIST

- Both eyes are level and equally spaced from CF.
- Muzzle is centered below the eyes; nose and mouth are centered on the muzzle.
- Both ears are level, cupped to the same depth and angled equally outward.
- CB seams on head and body run vertically down the back.
- Arms are attached at matching heights and hang at matching angles.
- Legs are attached at matching heights, feet point forward and the bear sits without rolling to one side.
- Both leg axes splay outward equally at about 40°; the toe rotations match and the outer foot span agrees with the design target.
- Tail is centered on the lower CB seam.
- Bow is centered at the neck and both loops are balanced.
- No holes expose stuffing; no reinforcement material is visible; no loose yarn tails remain.

17. TROUBLESHOOTING

Issue	Practical fix
Loose fabric / stuffing peeks through	Use a smaller needle or remove excess stuffing. Keep the fabric dense before continuing.
Eyes look uneven	Before locking safety-eye washers, count again from CF and confirm both posts are on the same row line.
Head or body seam twists	Match row bars one-for-one with mattress stitch. Re-open the section where the row alignment drifts.
One arm or leg sits higher	Pin both paired pieces at the same row range and center marks before sewing either one permanently.
Muzzle looks off-center	Re-pin using CF as the reference, not the nearby eye position. Check from directly in front.
Ear shapes do not match	Re-set the 5 mm base overlap so both ears have the same cup depth before attachment.
Bear tips forward or backward	Adjust leg angle and gently flatten the lower body base. Add or remove a small amount of lower-body stuffing if needed.
Bow twists	Add a small hidden tack at the back of each loop after the center band is attached.

18. PRINTING AND CUSTOMER NOTES

This pattern is designed for home printing on A4 paper. Print at 100% / actual size. No chart must be scaled to obtain the plush dimensions; the written gauge and stitch counts control sizing.

This is a DIGITAL DOWNLOAD pattern only. No physical item will be shipped. Finished measurements are design targets and can vary with yarn, tension, stuffing and finishing.

The pattern is intended for personal handmade creation unless the seller's separate licensing terms state otherwise. Do not redistribute, resell or upload the pattern file itself without permission.

Before you call the bear finished: compare the face, ears, limb angles, seated balance, tail placement and bow alignment against the final checklist. Small placement corrections are easiest before the last yarn tails are buried.

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Thank you for creating from this digital pattern.