



COCOA THE CLASSIC TEDDY BEAR

Complete Digital Knitting Pattern



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A flat-knit, seamed teddy with a rounded cocoa-brown body, cream muzzle and foot pads, round ears, softly tapered limbs, and a small bobble tail.

1. Digital Download Notice

This file contains knitting instructions only. It is not a finished plushie and no physical item will be shipped. The cover image is a design reference for the intended look.

All measurements in this pattern are calculated design targets. Finished size can vary with yarn, needle size, tension, stuffing density, and finishing. Work at a firm plushie gauge so stuffing does not show through.

Skill level: Confident beginner to intermediate. You should be comfortable with knit and purl stitches, kfb increases, k2tog decreases, binding off, mattress stitch, gathering an edge, stuffing, and basic embroidery.

Construction: All knitted pieces are worked flat in stockinette stitch and seamed. This creates the tidy centre-back seam and defined joined limbs visible in the design.

2. Finished Measurements

Feature	Design target
Overall seated height	24-26 cm / 9.5-10.25 in
Head	about 12 cm high x 10-11 cm wide
Body	about 12-13 cm high x 9-10 cm wide
Overall seated depth	15-17 cm / 6-6.75 in
Arm length	8.5-9.5 cm / 3.25-3.75 in
Leg/foot length	9.5-10.5 cm / 3.75-4.25 in
Ear	about 4 cm across after flattening
Muzzle	about 5.5-6 cm wide x 4-4.5 cm high
Foot pad	about 4-4.5 cm high x 4.5-5 cm wide

3. Materials and Tools

- **Yarn A - Cocoa brown:** worsted / aran weight, approximately 240-280 m (260-305 yd), about 130-150 g depending on yarn density.
- **Yarn B - Warm cream:** same weight, approximately 40-50 m (44-55 yd), about 20-25 g.
- **Yarn C - Dark brown:** 2-3 m (2-3 yd) for the nose and mouth embroidery.
- **Needles:** 4.0 mm (US 6) straight needles or a circular needle used flat. Adjust size only as needed to obtain a dense fabric.
- **Stuffing:** approximately 120-160 g polyester fiberfill.
- **Eyes:** two 12 mm black safety eyes, or embroider eyes with black yarn for an option without detachable safety-eye components.
- **Notions:** tapestry needle, removable stitch markers or contrasting waste yarn, pins, scissors, measuring tape, and optional row counter.

Safety note: Safety eyes contain detachable components. For items intended for children under 3, use embroidered eyes instead and follow applicable local safety requirements.

4. Gauge

20 sts x 28 rows = 10 cm / 4 in in stockinette stitch, worked flat and measured unstretched. The fabric should be firm enough that stuffing is not visible between stitches.

Exact gauge affects every finished measurement. If your stitch gauge is looser, use a smaller needle; if it is tighter, use a larger needle. Keep the same needle and yarn combination for all brown and cream pieces.

5. Abbreviations

Abbrev.	Meaning
BO	bind off
CO	cast on
K	knit
P	purl
kfb	knit into front and back of the same stitch; increases 1 stitch
k2tog	knit 2 stitches together; decreases 1 stitch
rep	repeat
RS	right side of fabric
st(s)	stitch(es)
WS	wrong side of fabric
CF	centre front of the finished plushie
CB	centre back of the finished plushie

6. Construction Overview

The bear is made from **eight component types (12 knitted pieces total): 1 head, 1 body, 2 ears, 1 muzzle, 2 arms, 2 legs, 2 cream foot pads, and 1 tail.** The head and body are shaped as flat panels whose side edges become the centre-back seams. Arms and legs are worked from the rounded free end toward the attachment edge.

Orientation: Right and left always refer to the plushie's own right and left. For the head and body, Row 1 is the lower-head/chin opening or neck opening respectively; the last decrease row is the crown or body base. On every head/body row, the midpoint of the row is CF and the two side edges become the CB seam.

Useful guide: Before assembly, run a removable contrast thread vertically through the midpoint between the two centre stitches of the head and body. This is the CF guide. Remove it after all front placements have been pinned and checked.

Assembly order: make and mark head/body and make the muzzle -> prepare face and install eyes -> seam and stuff head -> seam and stuff body -> make and prepare arms, legs, ears, foot pads, and tail -> join head to body -> sew ears -> sew foot pads to legs -> attach legs and arms in mirrored positions -> attach tail -> final shaping and checks.

The two arms are identical to each other, and the two legs are identical to each other. Mirror only the placement and angle within each pair on the finished bear.

7. Complete Written Pattern

HEAD - make 1

Use Yarn A. CO 12 sts, leaving a 45 cm / 18 in tail for gathering the lower-head opening later. Row 1 is at the underside/chin; the final decrease is the crown.

Row	Side	Instructions	Sts
1	WS	P12	12
2	RS	Kfb in each st across	24
3	WS	P24	24
4	RS	*K3, kfb; rep from * 6 times	30
5	WS	P30	30
6	RS	*K4, kfb; rep from * 6 times	36
7	WS	P36	36
8	RS	*K5, kfb; rep from * 6 times	42
9	WS	P42	42
10	RS	*K6, kfb; rep from * 6 times	48
11	WS	P48	48
12	RS	*K7, kfb; rep from * 6 times	54
13	WS	P54	54
14	RS	*K8, kfb; rep from * 6 times	60
15	WS	P60	60
16	RS	K60	60
17	WS	P60	60
18	RS	K60	60
19	WS	P60	60
20	RS	K60	60
21	WS	P60	60
22	RS	K60	60

Row	Side	Instructions	Sts
23	WS	P60	60
24	RS	*K8, k2tog; rep from * 6 times	54
25	WS	P54	54
26	RS	*K7, k2tog; rep from * 6 times	48
27	WS	P48	48
28	RS	*K6, k2tog; rep from * 6 times	42
29	WS	P42	42
30	RS	*K5, k2tog; rep from * 6 times	36
31	WS	P36	36
32	RS	*K4, k2tog; rep from * 6 times	30
33	WS	P30	30
34	RS	*K3, k2tog; rep from * 6 times	24
35	WS	P24	24
36	RS	K2tog across	12

After Row 36, cut yarn leaving a 45 cm / 18 in tail. Thread the tail through the remaining 12 sts, but do not secure the crown fully until you have confirmed the eye and muzzle placement.

MUZZLE - make 1

Use Yarn B. CO 8 sts. Row 1 is the lower edge of the muzzle.

Row	Side	Instructions	Sts
1	WS	P8	8
2	RS	K1, kfb, K4, kfb, K1	10
3	WS	P10	10
4	RS	K1, kfb, K6, kfb, K1	12
5	WS	P12	12
6	RS	K12	12
7	WS	P12	12
8	RS	K12	12
9	WS	P12	12
10	RS	K1, k2tog, K6, k2tog, K1	10
11	WS	P10	10
12	RS	K1, k2tog, K4, k2tog, K1	8
13	WS	P8	8
14	RS	BO all 8 sts knitwise	0

Leave a 40 cm / 16 in sewing tail. Block only with your fingers; do not stretch. With Yarn C, embroider a soft triangular nose about 1.5-1.8 cm wide over Muzzle Rows 8-10. Bring a short vertical line down to about Row 6, then form two shallow mouth curves toward left and right.

FACE PREPARATION - complete before closing the head

Lay the head piece flat with RS facing you. The two side edges will become the CB seam. Mark CF between the two centre stitches of each row.

- **Safety eyes:** insert the posts between Head Rows 21 and 22. Place the centres 9 sts apart, symmetrically around CF (approximately 4.5 cm / 1.75 in centre-to-centre at target gauge). On the 60-st section, this is approximately at stitch columns 26 and 35 when counted from the same side edge. Install washers now while the back of the fabric is fully accessible.
- **Embroidered-eye option:** embroider each eye now on the flat head piece over a compact 10-12 mm area at the same positions. Secure all knots on the WS while it is still fully accessible, and keep both eyes level.
- **Muzzle:** sew the cream muzzle centred over Head Rows 7-20, with its vertical centre aligned to CF. Leave the final 2-3 cm of the seam open, add only a small pinch of stuffing for gentle lift, then close.
- **Nose and mouth:** embroider on the muzzle before the head is closed so knots can be secured inside. Keep the nose centred on CF.

BODY - make 1

Use Yarn A. CO 12 sts, leaving a 50 cm / 20 in tail. Row 1 is the neck opening; the final decrease is the underside/base.

Row	Side	Instructions	Sts
1	WS	P12	12
2	RS	Kfb in each st across	24
3	WS	P24	24
4	RS	*K3, kfb; rep from * 6 times	30
5	WS	P30	30
6	RS	*K4, kfb; rep from * 6 times	36
7	WS	P36	36
8	RS	*K5, kfb; rep from * 6 times	42
9	WS	P42	42
10	RS	*K6, kfb; rep from * 6 times	48
11	WS	P48	48
12	RS	K48	48
13	WS	P48	48
14	RS	*K7, kfb; rep from * 6 times	54
15	WS	P54	54
16	RS	K54	54
17	WS	P54	54
18	RS	K54	54
19	WS	P54	54
20	RS	K54	54
21	WS	P54	54
22	RS	*K7, k2tog; rep from * 6 times	48
23	WS	P48	48
24	RS	K48	48
25	WS	P48	48
26	RS	*K6, k2tog; rep from * 6 times	42
27	WS	P42	42
28	RS	K42	42
29	WS	P42	42
30	RS	*K5, k2tog; rep from * 6 times	36
31	WS	P36	36
32	RS	*K4, k2tog; rep from * 6 times	30
33	WS	P30	30

Row	Side	Instructions	Sts
34	RS	*K3, k2tog; rep from * 6 times	24
35	WS	P24	24
36	RS	K2tog across	12

After Row 36, cut yarn leaving a 50 cm / 20 in tail. Thread through the remaining 12 sts and pull closed to form the body base. Secure on the inside.

ARMS - make 2

Use Yarn A. Both arms use the same shaping; mirror only their placement and angle during assembly. CO 8 sts, leaving a 30 cm / 12 in tail for gathering the paw end. Row 1 is the rounded paw end; the bound-off edge is the shoulder attachment.

Row	Side	Instructions	Sts
1	WS	P8	8
2	RS	Kfb in each st across	16
3	WS	P16	16
4	RS	*K3, kfb; rep from * 4 times	20
5	WS	P20	20
6	RS	*K4, kfb; rep from * 4 times	24
7	WS	P24	24
8	RS	K24	24
9	WS	P24	24
10	RS	K24	24
11	WS	P24	24
12	RS	K24	24
13	WS	P24	24
14	RS	*K4, k2tog; rep from * 4 times	20
15	WS	P20	20
16	RS	K20	20
17	WS	P20	20
18	RS	*K3, k2tog; rep from * 4 times	16
19	WS	P16	16
20	RS	K16	16
21	WS	P16	16
22	RS	*K2, k2tog; rep from * 4 times	12
23	WS	P12	12
24	RS	K12	12
25	WS	BO all 12 sts purlwise	0

Leave a 45 cm / 18 in sewing tail at the shoulder edge of each arm.

LEGS / FEET - make 2

Use Yarn A. CO 8 sts, leaving a 35 cm / 14 in tail for gathering the toe end. Row 1 is the toe end; the bound-off edge is the ankle/body attachment.

Row	Side	Instructions	Sts
1	WS	P8	8
2	RS	Kfb in each st across	16
3	WS	P16	16
4	RS	*K3, kfb; rep from * 4 times	20
5	WS	P20	20
6	RS	*K4, kfb; rep from * 4 times	24
7	WS	P24	24
8	RS	*K5, kfb; rep from * 4 times	28
9	WS	P28	28
10	RS	K28	28
11	WS	P28	28
12	RS	K28	28
13	WS	P28	28
14	RS	K28	28
15	WS	P28	28
16	RS	K28	28
17	WS	P28	28
18	RS	*K5, k2tog; rep from * 4 times	24
19	WS	P24	24
20	RS	K24	24
21	WS	P24	24
22	RS	*K4, k2tog; rep from * 4 times	20
23	WS	P20	20
24	RS	K20	20
25	WS	P20	20
26	RS	*K3, k2tog; rep from * 4 times	16
27	WS	P16	16
28	RS	K16	16
29	WS	BO all 16 sts purlwise	0

Leave a 50 cm / 20 in sewing tail at each ankle edge.

CREAM FOOT PADS - make 2

Use Yarn B. CO 6 sts. These small ovals are sewn to the front/toe face of the legs.

Row	Side	Instructions	Sts
1	WS	P6	6
2	RS	K1, kfb, K2, kfb, K1	8
3	WS	P8	8
4	RS	K1, kfb, K4, kfb, K1	10
5	WS	P10	10
6	RS	K10	10

Row	Side	Instructions	Sts
7	WS	P10	10
8	RS	K10	10
9	WS	P10	10
10	RS	K1, k2tog, K4, k2tog, K1	8
11	WS	P8	8
12	RS	K1, k2tog, K2, k2tog, K1	6
13	WS	P6	6
14	RS	BO all 6 sts knitwise	0

Leave a 35 cm / 14 in sewing tail on each pad.

EARS - make 2

Use Yarn A. CO 4 sts, leaving a 25 cm / 10 in tail for closing the cast-on end. The piece becomes a softly padded, flattened ear.

Row	Side	Instructions	Sts
1	WS	P4	4
2	RS	Kfb in each st across	8
3	WS	P8	8
4	RS	*K1, kfb; rep from * 4 times	12
5	WS	P12	12
6	RS	*K2, kfb; rep from * 4 times	16
7	WS	P16	16
8	RS	*K2, k2tog; rep from * 4 times	12
9	WS	P12	12
10	RS	*K1, k2tog; rep from * 4 times	8
11	WS	P8	8
12	RS	K2tog across	4

After Row 12, cut a 35 cm / 14 in tail, thread it through the remaining 4 sts, and draw up. Seam the side edges from gathered end to cast-on end. Add only a wisp of stuffing, close the cast-on edge, then flatten the ear into a round/oval disc. Place the seam toward the back when attaching.

TAIL - make 1

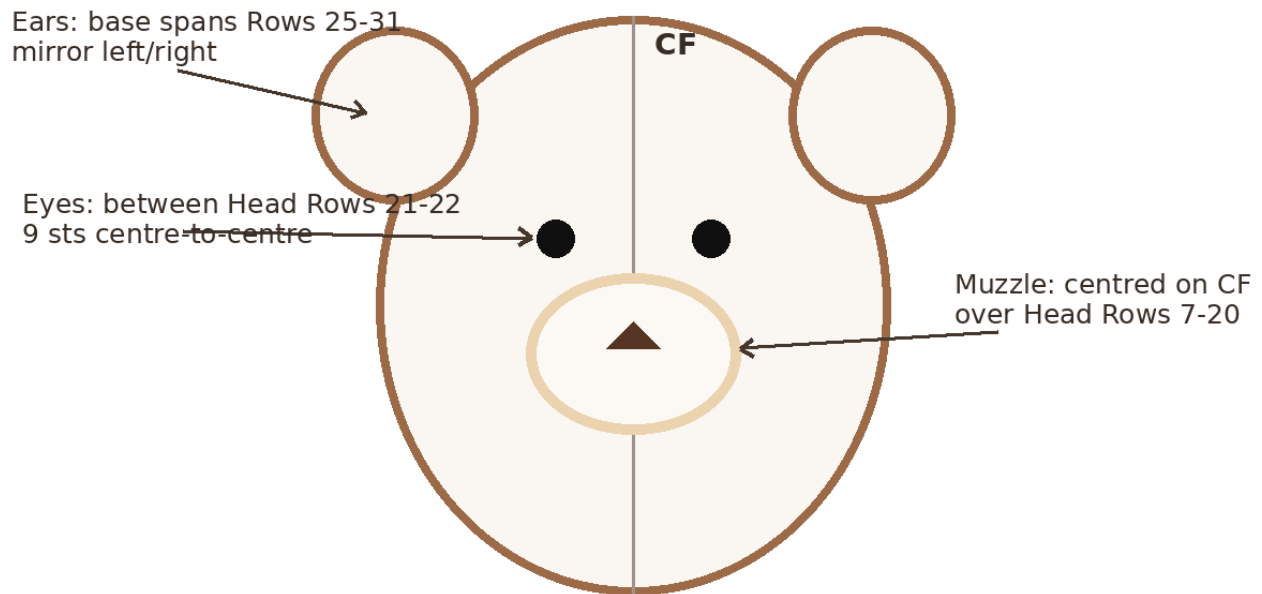
Use Yarn A. CO 6 sts, leaving a 25 cm / 10 in tail for closing the cast-on end.

Row	Side	Instructions	Sts
1	WS	P6	6
2	RS	Kfb in each st across	12
3	WS	P12	12
4	RS	*K2, kfb; rep from * 4 times	16
5	WS	P16	16
6	RS	K16	16
7	WS	P16	16
8	RS	*K2, k2tog; rep from * 4 times	12
9	WS	P12	12
10	RS	K2tog across	6

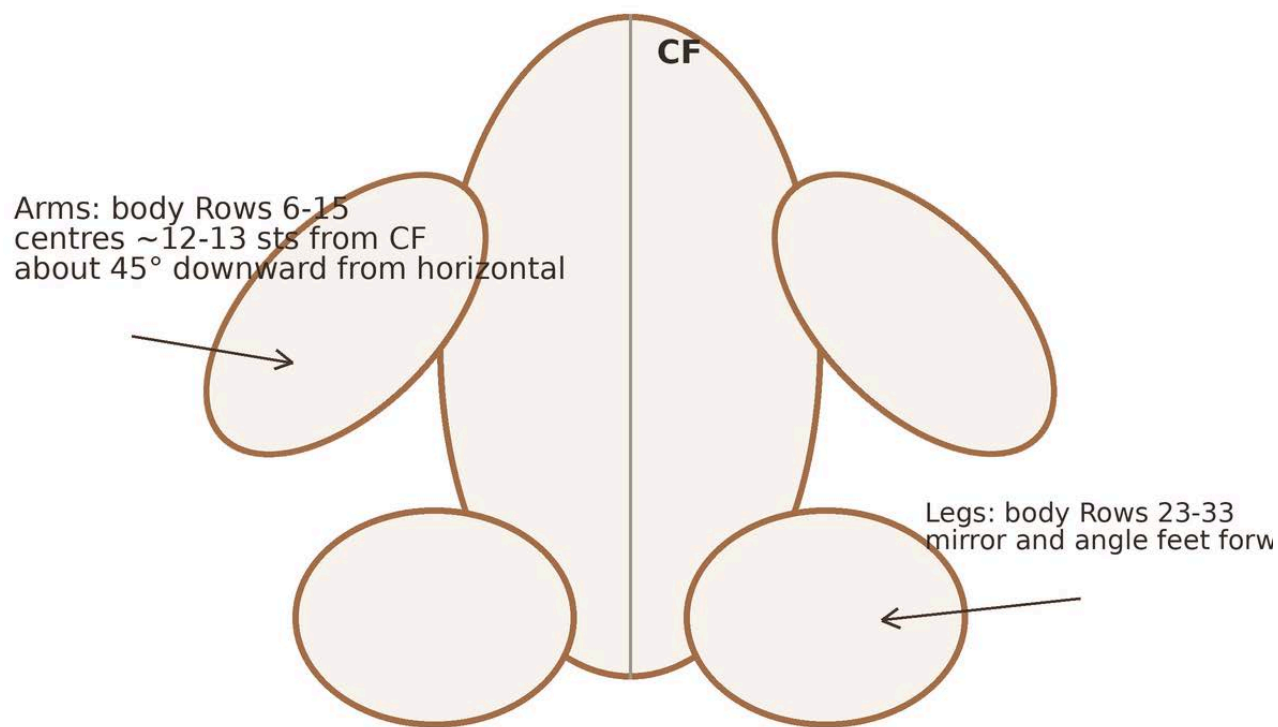
After Row 10, cut a 30 cm / 12 in tail and draw it through the remaining 6 sts. Seam the side edges, add a small amount of stuffing, then close the cast-on edge to form a compact bobble.

8. Placement Maps

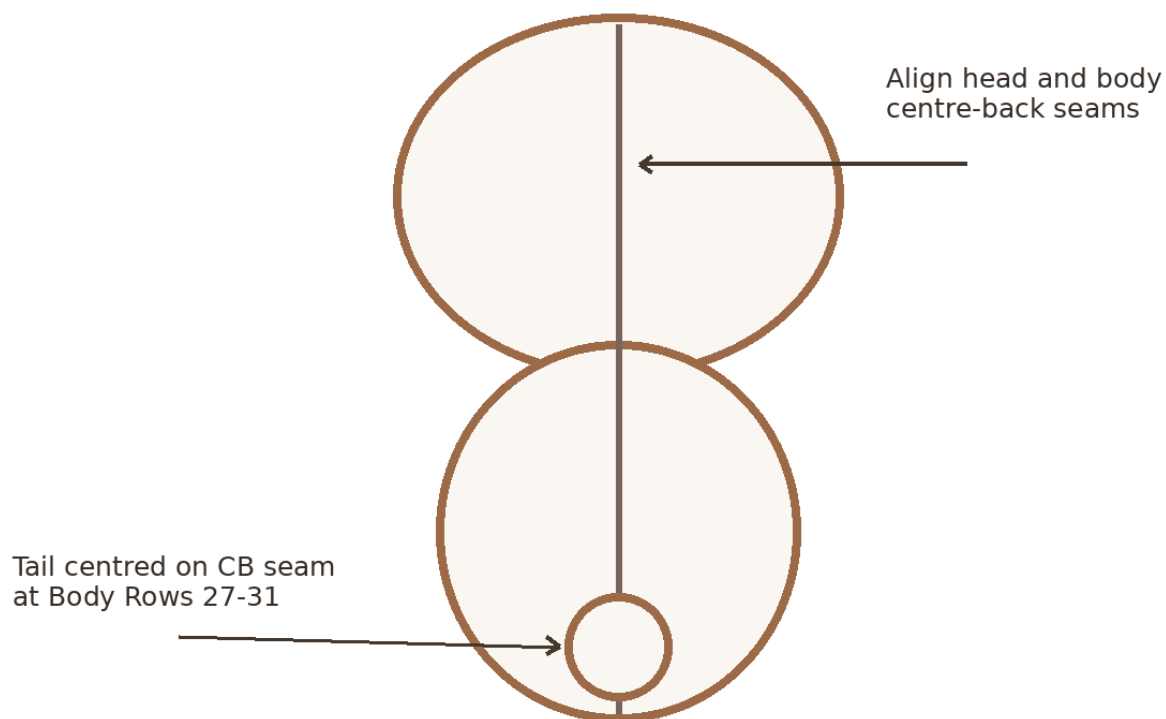
Use these maps together with the written placement instructions. The drawings are schematic and are intended to clarify landmarks, not to replace the row and stitch references.



Head front placement map - schematic, not to scale



Body front placement map - schematic, not to scale



Back alignment map - schematic, not to scale

HEAD PLACEMENT DETAILS

- **Eyes:** between Head Rows 21 and 22, 9 sts centre-to-centre, symmetrical around CF.
- **Muzzle:** centred on CF, covering approximately Head Rows 7-20. The upper edge should finish just below the eye line.
- **Ears:** each ear base spans approximately Head Rows 25-31. Place each ear centre about 10-11 sts to either side of CF at the Row 28 level. Mirror the angle so both ears tip slightly outward. Pin both before sewing.
- **CB seam:** keep the head side-edge seam at true CB. Do not use it as an eye-placement reference; the CF guide is the facial reference.

BODY PLACEMENT DETAILS

- **Arms:** pin each shoulder edge along Body Rows 6-15. At about Body Row 12, centre each arm roughly 12-13 sts to the left/right of CF. From the front, set each arm's long axis approximately **45° downward from horizontal**, mirrored left/right. Pin both arms and compare their lower ends before sewing.
- **Legs:** pin the ankle/attachment end around Body Rows 23-33, centred roughly 10-11 sts to each side of CF near Body Row 28. Feet point forward and may angle outward about 10-15 degrees. Keep the cream pads facing front.
- **Tail:** centre the tail directly over the CB seam around Body Rows 27-31. It should sit low enough to be visible from the back but not so low that it becomes a hard pressure point when seated.
- **Head-to-body:** align head CB seam with body CB seam. Align head CF guide with body CF guide before the first permanent stitch.

9. Stuffing and Shaping

Head: stuff firmly and evenly, especially around the cheeks and crown. Keep the muzzle softly raised rather than hard-packed. Add small pinches at a time so the eye line stays level.

Body: stuff firmly through the neck opening, with slightly more filling in the lower belly so the bear holds its seated pear shape. Keep the neck area firm enough to support the head.

Arms: stuff moderately. Keep the shoulder 1-1.5 cm lightly filled so it can sit flush against the body.

Legs: stuff the toe and front foot moderately-firm, then a little lighter near the ankle attachment so each foot can angle forward naturally.

Ears and tail: use only a small amount of stuffing. Overstuffing makes the ears bulky and the tail heavy.

Optional facial shaping: if the cheeks need more definition, take one hidden strand of Yarn A from the lower inside of the head to a point just below one eye, then to the matching point below the other eye, and back to the starting area. Tighten only enough to create a subtle curve. Secure inside.

10. Assembly Instructions

1. Prepare the head: install safety eyes (if used), sew on the muzzle, and finish nose/mouth embroidery while the head is still open and the inside is accessible.

2. Close and stuff the head: tighten and secure the crown drawstring. Mattress-stitch the two head side edges together from crown toward the lower opening, creating the CB seam. Stuff through the lower 12-st opening. When firm and symmetrical, use the original cast-on tail to gather the lower opening closed. Secure and bury the tail.

3. Close and stuff the body: secure the gathered base. Mattress-stitch the body side edges from base to neck, keeping the seam straight at CB. Stuff through the 12-st neck opening. Gather the neck opening closed, but do not over-tighten it into a hard knot.

4. Join head to body: pin with CB seams aligned and CF guides aligned. Sew around the full neck join twice using Yarn A. Add 6-8 short reinforcing passes vertically through the join if the head feels mobile. Bury the yarn tail inside the body.

- 5. Finish ears:** flatten each lightly stuffed ear and pin at Head Rows 25-31. Check equal height from the front and equal rear angle from the back. Sew around the lower half of each ear, keeping the upper half free and rounded.
- 6. Prepare legs:** seam each leg along its side edges from toe toward ankle. Use the cast-on tail to gather the 8-st toe edge closed, then stuff from the ankle opening. Sew one cream foot pad over the toe/front face of each leg, centred and matched in height. Keep pad edges smooth.
- 7. Attach legs:** pin both legs at Body Rows 23-33 before sewing either one permanently. Set the feet forward, with the soles/pads facing the viewer when the bear sits. Mirror the outward angle. Sew securely around each ankle attachment edge.
- 8. Prepare arms:** seam each arm from paw end to shoulder. Use the cast-on tail to gather the 8-st paw edge closed, stuff moderately through the shoulder opening, then shape the paw end with your fingers.
- 9. Attach arms:** pin at Body Rows 6-15, one on each side. From the front, set each arm's long axis approximately **45° downward from horizontal**, mirrored left/right, with the lower ends finishing at matching heights. Sew securely around each shoulder attachment edge.
- 10. Attach tail:** pin the bobble tail at CB over Body Rows 27-31. Sew around its base twice.
- 11. Final check:** remove all temporary CF guide threads and pins. Adjust stuffing through any still-open seam before making the last permanent stitches. Bury every yarn tail inside the plushie.

Important access order: do not close the head before eye hardware, muzzle embroidery knots, and any internal face-shaping anchors are complete. Do not permanently close a limb before it has been stuffed to the desired firmness.

11. Final Visual Checklist

- Face is centred on CF; both eyes are level and equally spaced from the muzzle.
- Muzzle is centred and lies flat around the edge with only gentle lift in the middle.
- Ears are the same height, same tilt, and mirror one another.
- Head and body CB seams align in one vertical line.
- Arms are equal in length and mirror one another in angle.
- Legs are equal in height and foot pads face forward at matching angles.
- The seated bear rests stably on the lower body and both feet without a strong lean.
- Tail is centred on CB and points straight back/down.
- No visible stuffing, open holes, loose sewing tails, or trapped guide threads remain.

12. Troubleshooting

Stuffing feels loose: open the nearest finishing seam by 2-3 cm, add small pinches of filling, reshape, and re sew. Do not push one large wad into a single area.

Eyes look uneven: before the head is closed, compare their height against the same head row. If using safety eyes, reposition before washers are locked whenever possible. For embroidery, remove and rework the higher/lower eye.

CB seam twists: unpick only the affected section, line up matching row ends, and re sew mattress stitch one row-end at a time.

Arms or legs sit unevenly: remove the shorter-looking attachment, repin both pieces at the same body-row span, then compare from front and side before sewing again.

Muzzle is off-centre: use the CF guide rather than the CB seam. Unpick enough stitches to slide the muzzle until its vertical centre matches CF.

Ears do not match: flatten both to the same width, then repin using the same Head Row 25-31 span and the same distance from CF.

Visible holes: reduce needle size for future pieces. For a finished seam gap, use a matching yarn tail to make tiny duplicate-stitch or ladder stitches over the opening, then bury the tail.

Head feels wobbly: add a second pass around the neck seam and several short vertical reinforcement stitches between head and body without pulling so tightly that the neck puckers.

13. Printing and Customer Notes

- This is a DIGITAL DOWNLOAD pattern. No physical item is included or shipped.
- Print at 100% / actual size if printing. The pattern does not require any page to be tiled or scaled for templates.
- Row tables may be highlighted or checked off as you work. Keep a row counter beside the head and body sections.
- This pattern is supplied for personal handmade creation. Do not reproduce, resell, or redistribute the digital pattern file.
- Finished measurements are design targets and can vary with yarn, tension, stuffing, and finishing.
- For gifts or items intended for very young children, use embroidered eyes and follow local safety requirements.

Enjoy making your Cocoa Teddy. Keep the face soft and balanced, the seams tidy, and the limbs mirrored for the closest match to the intended silhouette.