



BISCUIT

THE SITTING CAT PLUSHIE

Free Knitting Pattern

Soft stockinette cat with embroidered whiskers and a gently curved tail



SKILL LEVEL | CONFIDENT BEGINNER TO INTERMEDIATE

1. About the Pattern

Biscuit is a softly stuffed seated cat with a round head, pear-shaped body, long front legs, rounded hind paws, pointed ears and an upward-curving tail. The head, body, legs, paws and tail are worked in stockinette in the round. The ear panels are worked flat and seamed in pairs. Facial features are added with safety eyes and simple embroidery.

Skill level: Confident beginner to intermediate. You should be comfortable knitting in the round, increasing with kfb, decreasing with k2tog/ssk, working stockinette flat, stuffing and sewing knitted pieces.

Finished Size

Measurement	Approximate finished size
Overall seated height, including ears	27-29 cm / 10.5-11.5 in
Height to top of head, excluding ears	23-24.5 cm / 9-9.6 in
Head	13-14 cm / 5.1-5.5 in wide; 11.5-12.5 cm / 4.5-4.9 in high
Body	11-12 cm / 4.3-4.7 in wide; 12-13 cm / 4.7-5.1 in high
Front leg, each	9.5-10.5 cm / 3.75-4.1 in long
Hind paw, each	5-5.5 cm / 2-2.2 in long
Ear, each	5-5.5 cm / 2-2.2 in high; 5.5-6 cm / 2.2-2.4 in across base
Tail	11-12.5 cm / 4.3-4.9 in along the curve
Overall width with tail posed	18.5-20 cm / 7.25-7.9 in

Finished size may vary depending on yarn, needle size, tension, stuffing and individual technique.

Materials and Tools

Item	Details
Main yarn	DK / 8-ply smooth yarn, approx. 150 g / 330-380 m in warm beige or light tan
Embroidery	Small amounts of pink yarn or embroidery floss for the nose; dark brown or black embroidery thread/yarn for the mouth and whiskers
Needles	3.25 mm needles suitable for small-circumference knitting in the round: double-pointed needles or a long circular needle for magic loop; the same needles can be used flat for the ears
Eyes	2 x 12 mm black safety eyes with washers, or black embroidery yarn for embroidered eyes
Stuffing	Approx. 120-160 g polyester fibre fill
Notions	4-6 stitch markers, tapestry needle, removable marker or contrast yarn, pins, scissors and measuring tape

Safety: Safety eyes and other small or rigid components may not be suitable for projects intended for children under three years. Embroidered eyes can be used instead.

2. Gauge, Abbreviations and Method

Gauge and Tension

- In the round: 22 sts x 30 rnds = 10 x 10 cm / 4 x 4 in in stockinette stitch using 3.25 mm needles, measured unstretched before stuffing.
- Worked flat: 22 sts x 30 rows = 10 x 10 cm / 4 x 4 in in stockinette stitch using the same yarn and needles.
- Use a firm, dense fabric so the stuffing does not show between stitches. If your fabric is loose, move down a needle size; if it is very stiff and difficult to work, move up slightly while keeping the fabric dense.

Abbreviations

Abbreviation	Meaning
BO	bind off
BOR	beginning of round
CO	cast on
k	knit
k2tog	knit 2 stitches together; 1 stitch decreased
kfb	knit into the front and back of the same stitch; 1 stitch increased
p	purl
p2tog	purl 2 stitches together; 1 stitch decreased
rnd / rnds	round / rounds
row / rows	row / rows
RS	right side
ssk	slip 1 knitwise, slip 1 knitwise, knit the slipped stitches together through the back loops; 1 stitch decreased
st / sts	stitch / stitches
WS	wrong side

Method and Orientation

- Head, body, front legs, hind paws and tail are knitted in the round without turning. Keep the BOR marker at the back of each piece unless instructed otherwise.
- Ear panels are worked flat in stockinette: knit RS rows and purl WS rows.
- Right and left are described from the finished item's point of view. When the cat faces you, the item's right side appears on your left.
- For the head and body, the BOR sits at centre back. At the widest part, centre front is directly opposite the BOR.
- **Persistent BOR reference:** For the body and tail, the BOR is needed after the piece has been closed. Alongside the needle BOR marker, use a locking/removable marker or a strand of contrast yarn to mark the BOR line in the fabric as you work. Before the final closure, make sure this line is still marked. Leave the body BOR reference in place until all body attachments are positioned and leave the tail BOR reference in place until the tail curve is shaped.
- When casting on a small number of stitches for a closed end, leave a short tail. After several rounds, use that tail to snug the small centre opening closed from the inside.

Construction Overview

Piece	Make	Finish
Head	1	Stuffed and fully closed; face is completed before final decreases
Body	1	Stuffed and fully closed
Front legs	2	Stuffed lightly; top openings flattened and stitched closed
Hind paws	2	Stuffed and fully closed
Ear panels	4	Pair into 2 ears; very lightly padded; bases closed before attachment
Tail	1	Stuffed lightly; tip closed, cast-on edge left open for attachment

Assembly order: Complete head and face -> assemble and attach ears -> complete body -> attach hind paws, front legs and tail -> shape tail -> sew head to body -> final checks.

Stuffing and Sewing Basics

- Add stuffing in small pieces and distribute it evenly. Keep attachment areas slightly softer so seams can sit flat.
- For gathered closures, add the final stuffing before drawing the last stitches completely closed.
- When sewing one knitted piece to another, pass the needle under complete knitted stitches rather than splitting individual strands of yarn.
- Pin paired features first and compare them from front, side and top views before making any seam permanent.

3. Head

With main yarn, CO 8 sts. Join to work in the round, taking care not to twist. Place the BOR marker at centre back. Leave a short cast-on tail and use it later to close the tiny opening at the crown.

Head Rounds 1-32

Rnd/Row	Instruction	Count
1	Kfb in every st around.	16
2	Knit.	16
3	(K1, kfb) 8 times.	24
4	Knit.	24
5	(K2, kfb) 8 times.	32
6	Knit.	32
7	(K3, kfb) 8 times.	40
8	Knit.	40
9	(K4, kfb) 8 times.	48
10	Knit.	48
11	(K5, kfb) 8 times.	56
12	Knit.	56
13	(K6, kfb) 8 times.	64
14	Knit.	64
15	(K7, kfb) 8 times.	72
16	Knit.	72
17	(K8, kfb) 8 times.	80
18	(K19, kfb) 4 times.	84
19	Knit.	84
20	Knit.	84
21	Knit.	84

Rnd/Row	Instruction	Count
22	Knit.	84
23	Knit.	84
24	Knit.	84
25	Knit.	84
26	Knit.	84
27	Knit.	84
28	Knit.	84
29	(K19, k2tog) 4 times.	80
30	Knit.	80
31	(K8, k2tog) 8 times.	72
32	Knit.	72

Pause after Rnd 32: Install the eyes and complete the facial embroidery now, while the lower opening is still wide enough to reach the inside comfortably.

Face Placement

- At Head Rnd 24, which has 84 sts, centre front lies between stitch columns 42 and 43. Counting from the BOR as stitch 1, place the item's right eye at stitch column 36 and the item's left eye at stitch column 49. These positions are mirrored around centre front.
- If using safety eyes, insert the posts through the knitted fabric and secure the washers firmly on the inside. If using embroidered eyes, make compact black oval or round eyes in the same positions.
- With pink yarn or floss, embroider a small filled triangle nose centred on the centre-front line, approximately over Rnds 27-29 and about 1.2-1.4 cm / 0.5 in wide.
- With dark brown or black embroidery thread/yarn, work two small curved mouth lines from the point directly below the nose. Keep the two sides balanced and shallow.
- Work three whiskers on each cheek. Place the middle whisker roughly level with the lower edge of the nose; angle the upper whisker slightly upward and the lower whisker slightly downward. Make each whisker approximately 1.5-2 cm / 0.6-0.8 in long and mirror the second side.

Head Rounds 33-40

Rnd/Row	Instruction	Count
33	(K7, k2tog) 8 times.	64
34	Knit.	64
35	(K6, k2tog) 8 times.	56
36	Knit.	56
37	(K5, k2tog) 8 times.	48
38	Knit.	48
39	(K4, k2tog) 8 times.	40
40	(K3, k2tog) 8 times.	32

After Rnd 38, begin stuffing through the lower opening, filling the cheeks and crown evenly. Complete Rnds 39-40, then add the final stuffing so the head is firm and round without stretching the stitches.

Head Rounds 41-43

Rnd/Row	Instruction	Count
41	(K2, k2tog) 8 times.	24
42	(K1, k2tog) 8 times.	16
43	K2tog 8 times.	8

Cut the yarn leaving a 25 cm / 10 in tail, thread it through the remaining 8 sts, draw closed securely and bury the tail.

4. Body

With main yarn, CO 8 sts. Join to work in the round and place the BOR marker at centre back. Leave a short cast-on tail; after several rounds, use it to close the small opening at the centre of the base. Begin the persistent fabric BOR reference described on Page 3.

Body Rounds 1-42

Rnd/Row	Instruction	Count
1	Kfb in every st around.	16
2	(K1, kfb) 8 times.	24
3	(K2, kfb) 8 times.	32
4	(K3, kfb) 8 times.	40
5	(K4, kfb) 8 times.	48
6	(K5, kfb) 8 times.	56
7	(K6, kfb) 8 times.	64
8	(K7, kfb) 8 times.	72
9	Knit.	72
10	Knit.	72
11	Knit.	72
12	Knit.	72
13	Knit.	72
14	Knit.	72
15	Knit.	72
16	Knit.	72
17	Knit.	72
18	Knit.	72
19	Knit.	72
20	Knit.	72
21	Knit.	72
22	Knit.	72
23	Knit.	72
24	Knit.	72
25	Knit.	72
26	(K7, k2tog) 8 times.	64
27	Knit.	64
28	Knit.	64
29	Knit.	64
30	(K6, k2tog) 8 times.	56
31	Knit.	56
32	Knit.	56
33	Knit.	56
34	(K5, k2tog) 8 times.	48
35	Knit.	48
36	Knit.	48
37	Knit.	48
38	(K4, k2tog) 8 times.	40
39	Knit.	40
40	Knit.	40
41	Knit.	40
42	(K3, k2tog) 8 times.	32

After Rnd 42, begin stuffing the body. Keep the lower third firm but press the base flat as you fill so the cat can sit steadily. Fill the upper body moderately firmly.

Body Rounds 43-45

Rnd/Row	Instruction	Count
43	Knit.	32
44	(K2, k2tog) 8 times.	24
45	(K1, k2tog) 8 times.	16

After Rnd 45, add the final stuffing without stretching the fabric.

Body Round 46

Rnd/Row	Instruction	Count
46	K2tog 8 times.	8

Cut the yarn leaving a 25 cm / 10 in tail, thread through the remaining 8 sts, draw closed and bury the tail.

5. Front Legs - Make 2

With main yarn, CO 8 sts. Join to work in the round. Place the BOR at the back of the leg. Leave a short tail and use it to close the small opening at the toe after several rounds.

Front Leg Rounds

Rnd/Row	Instruction	Count
1	Kfb in every st around.	16
2	(K1, kfb) 8 times.	24
3	(K5, kfb) 4 times.	28
4	Knit.	28
5	Knit.	28
6	Knit.	28
7	Knit.	28
8	Knit.	28
9	Knit.	28
10	Knit.	28
11	Knit.	28
12	Knit.	28
13	Knit.	28
14	Knit.	28
15	Knit.	28
16	Knit.	28
17	Knit.	28
18	(K5, k2tog) 4 times.	24
19	Knit.	24
20	Knit.	24
21	Knit.	24
22	Knit.	24
23	Knit.	24
24	Knit.	24
25	(K4, k2tog) 4 times.	20
26	Knit.	20
27	Knit.	20
28	Knit.	20
29	BO all sts loosely.	0 live

Lightly stuff each leg, keeping the upper 2 cm / 0.75 in softer so the attachment lies flat. Flatten the BO opening so the front and back layers lie together. Using the working tail or a separate strand of main yarn, whip stitch the opening closed, passing through both layers on every stitch. The closed top edge should be about 4-4.5 cm / 1.6-1.75 in wide.

6. Hind Paws - Make 2

With main yarn, CO 6 sts. Join to work in the round and place the BOR at the underside/back. Leave a short cast-on tail and close the small toe opening after several rounds.

Hind Paw Rounds 1-13

Rnd/Row	Instruction	Count
1	Kfb in every st around.	12
2	(K1, kfb) 6 times.	18
3	(K2, kfb) 6 times.	24
4	(K3, kfb) 6 times.	30
5	Knit.	30
6	Knit.	30
7	Knit.	30
8	Knit.	30
9	Knit.	30
10	Knit.	30
11	(K3, k2tog) 6 times.	24
12	Knit.	24
13	(K2, k2tog) 6 times.	18

After Rnd 13, stuff the paw moderately firmly, keeping it rounded but not ball-shaped.

Hind Paw Rounds 14-15

Rnd/Row	Instruction	Count
14	(K1, k2tog) 6 times.	12
15	K2tog 6 times.	6

Cut the yarn leaving a 25 cm / 10 in tail, thread through the remaining 6 sts and draw closed. Bury the tail. Gently roll the paw between your hands to make an oval with a slightly flatter underside.

7. Tail

Leave a 60 cm / 24 in cast-on tail for later attachment. With main yarn, CO 20 sts and join to work in the round. The cast-on edge remains open. Place the BOR marker on the side that will become the inside of the finished curve. Mark this BOR/inside-curve line in the fabric with the persistent reference described on Page 3.

Tail Rounds

Rnd/Row	Instruction	Count
1-28	Knit.	20
29	(K3, k2tog) 4 times.	16
30-31	Knit.	16
32	(K2, k2tog) 4 times.	12
33-34	Knit.	12
35	(K1, k2tog) 4 times.	8
36	K2tog 4 times.	4

Cut the yarn leaving a 20 cm / 8 in tail, thread through the remaining 4 sts and close the tip. Stuff the tail lightly from the cast-on edge. The tail should remain flexible; do not pack it firmly.

Tail curve: After the tail is attached to the body, use a long strand of main yarn to make hidden running stitches along the marked BOR/inner-curve side from about Rnd 5 to Rnd 31. Draw the strand gently until the tail forms the compact upward curve shown in the placement views, then secure without puckering the outer curve.

8. Ears - Make 4 Panels

Each finished ear uses 2 matching panels. With main yarn, CO 14 sts and work flat.

Ear Panel Rows

Rnd/Row	Instruction	Count
CO	CO 14 sts. Turn to work flat.	14
1 (RS)	Knit.	14
2 (WS)	Purl.	14
3 (RS)	Knit.	14
4 (WS)	Purl.	14
5 (RS)	K1, ssk, k8, k2tog, k1.	12
6 (WS)	Purl.	12
7 (RS)	K1, ssk, k6, k2tog, k1.	10
8 (WS)	Purl.	10
9 (RS)	K1, ssk, k4, k2tog, k1.	8
10 (WS)	Purl.	8
11 (RS)	K1, ssk, k2, k2tog, k1.	6
12 (WS)	Purl.	6
13 (RS)	K1, ssk, k2tog, k1.	4
14 (WS)	Purl.	4
15 (RS)	Ssk, k2tog.	2
16 (WS)	P2tog.	1

Cut the yarn after Row 16, draw it through the final st and secure. Make 4 panels total.

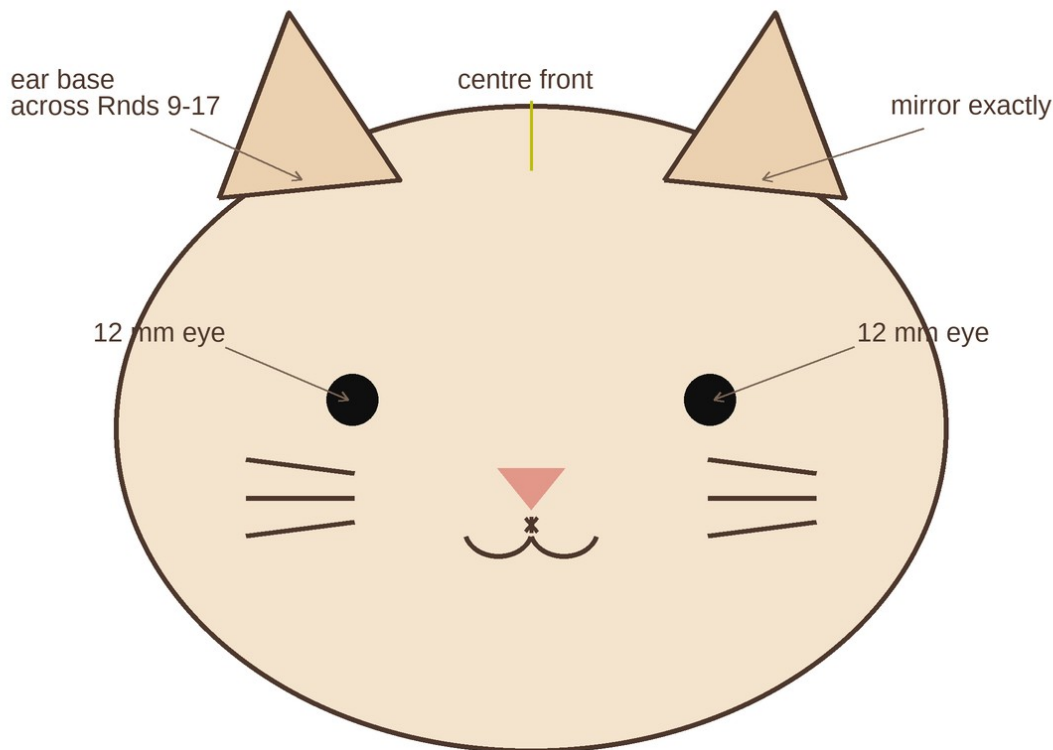
Assemble the Ears

- Pair two panels with RS together and edges aligned.
- Using a firm backstitch and main yarn, sew from one lower corner up to the tip and down the opposite sloping edge. Leave the cast-on base open.
- Turn the ear RS out. Add only a very small amount of stuffing near the lower half so the ear keeps a crisp triangular shape.
- Flatten the open base and whip stitch it closed through both layers. Repeat for the second ear.

9. Placement Maps

Pin every visible feature before sewing. Confirm symmetry from the front, then rotate the work to check the side and top views. Small adjustments of a few millimetres are normal because stuffing changes the surface shape.

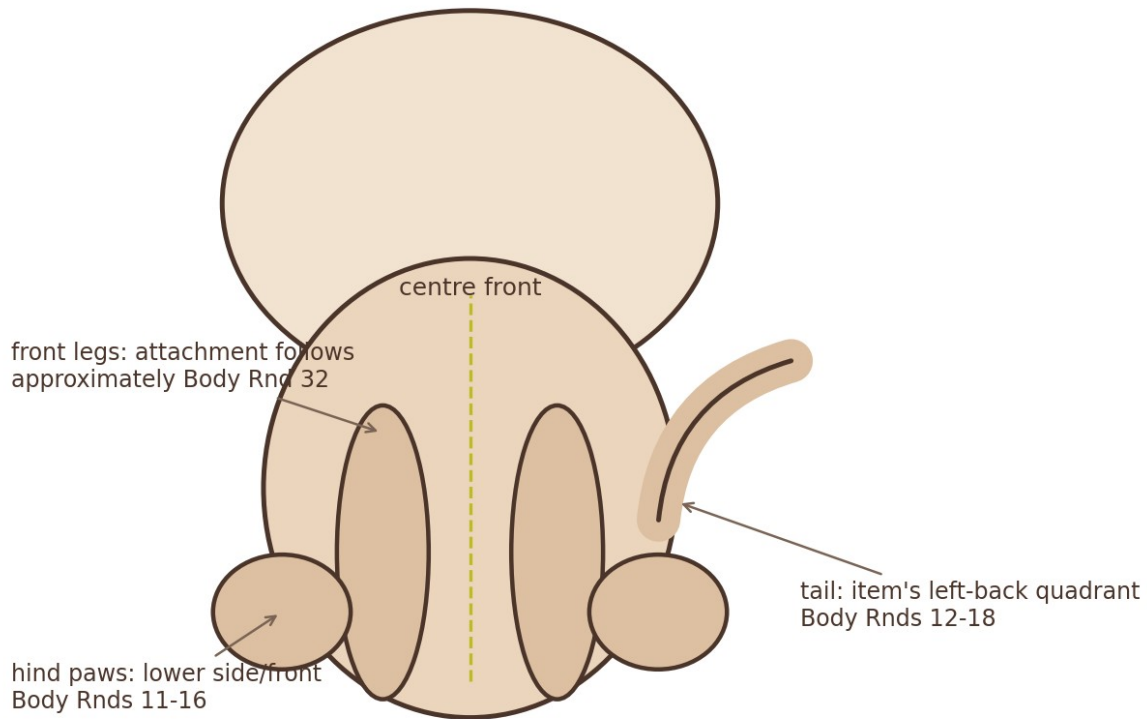
Head and Face



Head Rnd 24: eyes at stitch columns 36 and 49
Nose centred over the centre-front line; whiskers mirrored

- Eyes: Head Rnd 24, stitch columns 36 and 49 on the 84-st section.
- Ears: pin the base of each ear diagonally across approximately Head Rnds 9-17. Keep the front edge of each base about 4-4.5 cm / 1.6-1.75 in from the centre-front line and mirror the second ear. The tips should lean only slightly outward.
- Before sewing the ears, compare their height from the front and the amount of forward/backward tilt from the side.

Body Attachments



Pin all paired pieces before sewing and compare from front, side and top views.

Count all body stitch columns from the retained fabric BOR reference.

- **Front legs:** on the 56-st section around Body Rnd 32, centre the item's right leg near stitch column 23 and the item's left leg near stitch column 34. Sew each closed top edge along a short, approximately horizontal line so the legs hang downward and slightly forward.
- **Hind paws:** on the 72-st lower body, centre the item's right paw near stitch column 19 and the item's left paw near stitch column 54. Position the upper half of each paw over approximately Body Rnds 11-16, with the rounded lower half resting at the base.
- **Tail:** attach the open cast-on edge in the item's left-back quadrant over approximately Body Rnds 12-18, around stitch columns 62-69 on the 72-st section. The tail should emerge backward first, then curve upward along the item's left side.

10. Assembly

1. Prepare all pieces. Remove temporary markers except the retained fabric BOR references on the body and tail. Keep the body reference until all body attachments are positioned and sewn, and keep the tail reference until Step 7 is complete. Weave in tails that will not be used for sewing. Keep attachment tails accessible.
2. Check the finished head. Confirm that the eyes are level, the nose is centred, the mouth is balanced and the whiskers are mirrored.
3. Attach the ears. Pin both ears across Head Rnds 9-17 using the placement map. Check from front, side and top. With main yarn, use small whip stitches through the closed ear base and the head surface, catching a full knitted stitch on the head with each sewing pass. Sew the front edge first, then the back edge, keeping the base flat. Secure and bury the yarn inside the head.
4. Attach the hind paws to the body. Pin both paws at the lower side/front positions. The flattest side of each paw faces down. Use ladder stitch or small whip stitches around the upper half of each paw, passing under a full body stitch and then under an edge stitch of the paw. Do not sew around the underside; leave it free to rest on the surface.
5. Attach the front legs. On the 56-st section around Body Rnd 32, centre the item's right leg near stitch column 23 and the item's left leg near stitch column 34. Pin the flattened closed top of each leg along a short, approximately horizontal attachment line. The legs should hang straight downward with the toes slightly forward. Sew through the full thickness of the closed leg edge and under complete body stitches. Work back across the seam a second time if the join feels loose.
6. Attach the tail. Pin the open cast-on edge to the item's left-back quadrant. Add or remove a small amount of stuffing so the base is soft enough to conform to the body. Whip stitch around the entire cast-on edge, taking each sewing stitch through an edge loop of the tail and under a complete body stitch. No stuffing opening should remain.
7. Shape the tail. After the tail is attached to the body, use a long strand of main yarn to make hidden running stitches along the marked BOR/inner-curve side from about Tail Rnd 5 to Rnd 31. Draw the strand gently until the tail forms the compact upward curve shown in the placement views, then secure without puckering the outer curve.
8. Attach the head to the body. Place the body upright and centre the head over the gathered top. The face should align with the body centre front and the head should sit level when viewed from the front. Pin at four points: front, back, item's right and item's left. Add more pins between them.
9. Sew the head to the body with ladder stitch. Alternate between a full stitch on the lower head surface and a full stitch on the upper body surface. Work in a complete circle, tightening gradually rather than pulling one section tight at once. Before the final few centimetres, check the head angle and add a small pinch of stuffing between head and body only if a hollow is visible. Finish the seam, secure and bury the yarn.
10. Final finishing. Remove all remaining markers and pins. Massage the stuffing into an even shape. Confirm that both front legs reach the surface evenly, both hind paws support the body, and the tail curve does not pull the body off balance.

Sewing Method Notes

Join	Method	Needle path
Ear base to head	Small whip stitch	Pass through the closed two-layer ear base, then under one complete head stitch. Keep the seam flat.
Hind paws to body	Ladder stitch or small whip stitch	Sew only around the upper attachment area; keep the lower underside free.
Front legs to body	Flattened two-layer attachment	Each sewing stitch must capture both layers of the closed leg top before entering the body.
Tail to body	Whip stitch around open tube edge	Capture one cast-on edge loop, then one full body stitch; continue around the entire base.
Head to body	Ladder stitch	Alternate between full stitches on head and body, tightening gradually for an almost hidden join.

11. Final Visual Checklist

- [] Face is centred on the head.
- [] Eyes are level and evenly spaced.
- [] Nose sits on the centre-front line.
- [] Mouth curves are balanced beneath the nose.
- [] Three whiskers are present on each cheek and the angles are mirrored.
- [] Ears are equal in height and mirrored in tilt.
- [] Head sits straight over the body with no visible hollow at the neck join.
- [] Front legs are aligned, hang downward and reach the surface evenly.
- [] Hind paws are symmetrical and rest flat enough to support a stable seated pose.
- [] Tail emerges from the left-back body area and curves upward without twisting the body.
- [] No stuffing is visible through the knitted fabric.
- [] No stuffing openings or seam gaps remain.
- [] All yarn tails are secured and buried.
- [] All stitch markers and pins have been removed.

12. Troubleshooting

Problem	Practical correction
Stuffing shows between stitches	Your tension is too loose for the yarn. Use a smaller needle size or remove some stuffing. Recheck both stitch and row gauge before remaking a large piece.
Finished cat is too large or too small	Compare your stockinette gauge with the stated gauge. A small gauge difference is multiplied around the 72- and 84-st sections. Adjust needle size before changing stitch counts.
Head looks too tall or too flat	Check row gauge and stuffing distribution. Fewer rounds per 10 cm make the shape taller; more rounds per 10 cm make it shorter. Overpacking the upper and lower poles can also distort the sphere.
Body rocks instead of sitting flat	Move stuffing away from the centre of the base and press the lower body gently against a flat surface. The hind paws should share the load rather than lifting the body.
One front leg hangs lower	Compare the attachment seams from centre front. Re-pin so both top seams follow the same body round and are equal distances from centre front.
Hind paws point in different directions	Rotate each paw before sewing so its flatter side faces down and its long axis points slightly forward. Mirror the second paw.
Eyes look uneven after stuffing	Before closing the head, adjust the stuffing behind the eye area. If embroidered eyes are used, remove and rework one eye rather than compensating with the nose.
Mouth or whiskers pull the fabric	Embroidery tension is too tight. Rework with looser stitches that rest on the surface instead of drawing the knit columns together.
Ear heights do not match	Compare the diagonal base positions from the centre-front line and top of head. Move one ear before sewing permanently; a few millimetres of base movement changes the tip height noticeably.
Tail will not hold a curve	Reduce stuffing in the tail and repeat the hidden shaping thread along the BOR side. Draw gradually at several points instead of pulling hard at one point.
Seams gape	Use smaller, closer sewing bites that pass under complete knitted stitches. Do not pull so tightly that the surrounding fabric puckers.
Stockinette curls on ear panels	This is normal before assembly. Pairing the two panels and seaming the edges stabilises the fabric. Pin the bases flat before attaching to the head.